



Huis Luca

Where little Roots grow strong.





Letter from Ms Anelke Olivier

Huis Luca Housemother



Huis Luca is a dedicated junior boarding house created especially for our Grade 1 to 3 learners – a home away from home where every child is embraced with care, structure, and warmth.

Only a handful of young Rooties will have the unique privilege of spending their early school years in this safe and nurturing environment. Here, childhood is honoured, independence begins to grow, and each day offers a balance of adventure, belonging, and routine.

Boarding life at Huis Luca is not just about shared rooms – it's about shared lives. It's where strangers become friends, and laughter, stories, and memories are woven into the rhythm of everyday life.

As Herbert Grönemeyer once said: “Home is not a place, it’s a feeling.” At Huis Luca, that feeling is real – a space where young learners feel secure, supported, and part of a family that helps them grow into who they are meant to be.



Characteristics of a Huis Luca resident:

Caring

Kind-hearted and thoughtful, always ready to help a friend or offer a smile.

Independent

Learns to take small steps with big courage — from making a bed to packing a school bag with pride.

Respectful

Understands the value of manners, kindness, and treating others with dignity — whether it's a roommate, a teacher, or a friend.

Curious

Eager to explore, ask questions, and learn more about the world around them, both inside the classroom and out on the playground.

Resilient

Grows stronger each day, learning how to manage emotions, bounce back from challenges, and try again with confidence.

Joyful

Finds delight in everyday moments — from laughter during story time to splashing in the sunshine outside.

Responsible

Takes pride in daily routines, from brushing teeth to tidying up, learning that small habits build big character.

Rooted in Values

Carries the spirit of Roots Gymnasium — grounded in love, faith, and a commitment to grow into their best self.

What to pack?

BEDDING

Duvet cover and inner
Pillow and cover
Fitted sheet
Soft blanket
Own mattress

CLOTHING

School clothing and shoes
5 pairs of training clothes
Tekkies
Flip Flops
Slippers
Gown (by choice)
Hat
Swimwear

HAIR NECESITIES

Hairbrush
Hair bands - navy (girls)
Hair clips (girls)
Alice bands (girls)
Hair Buns (girls)
Containers for hair necessities

TOILETRIES

Body wash/shower gel
Facecloth / Bath sponge
Toothbrush and toothpaste
Body Lotion
Body Spray/Roll on
Mosquito repellent
Sun screen

PERSONAL ESSENTIALS

Soft toys (limit to one)
Family photo
Laundry basket
Bath towel/ swim towel
Bible
Water bottle
Breakfast cereal (by choice)
Pocket money



General Information

SAFETY OF RESIDENTS:

To ensure accountability, everyone collecting a resident must sign them in and out of the hostel each weekend.

Residential students are only permitted to leave the school premises with the explicit permission of the House Mother.

Parents or guardians, along with the accompanying individuals, must provide their consent to the House Mother.

The same protocol applies to overnight stays away from the hostel.

NEATNESS OF RESIDENTS:

Maintaining a high standard of personal neatness among residents is of utmost importance to us. Proper attire is expected at all times for both male and female residents, and they must adhere to our hair grooming guidelines.

BOARDING HOUSE DISCIPLINE:

Please refer to the document on Boarding House Discipline under <https://www.rootsgymnasium.org/policies>

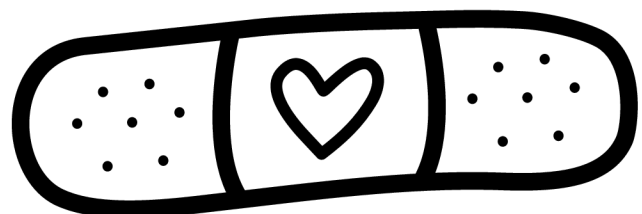
Self Medication:

By law, schools and hostels are not permitted to dispense medication to scholars. We recommend that you prepare a small medical kit containing essential medication for your child. It is important to advise your child never to use medication provided by friends and always to check expiration dates before taking any medicine.

Medication must be clearly labelled and kept in its original container. The House Mother must be notified whenever a child takes non-chronic medication, to ensure proper monitoring and recording. Residents should not attempt to self-medicate and must consult the Matron before taking any medicine.

Please avoid supplying your child with large quantities of medication. Instead, replenish their stock monthly. The following list is strongly recommended, taking into account your child's chronic conditions, allergies, and other medical needs:

- Immune Booster
- Pain and fever
- Allergies
- Sinus
- Nausea
- Diarrhoea
- Abdominal spasms
- Sore throats
- Cough
- Gel for sore muscles
- Antibiotic ointment
- Cleaning of wounds
- Gauze
- Bandages
- Plasters (2 boxes of different sizes)



Daily Time Schedule

Time	Boys and Girls
6:00 AM	Rise
6:40 AM	Inspection
6:45 AM	Bible
7:00 AM	Breakfast
7:45 AM	School begins
1:30 PM	Lunch
1:40 PM	<i>Koskas</i>
2:15 - 3:15 PM	Extramural Activities Session 1
3:20 - 4:20 PM	Extramural Activities Session 2
5:00 PM	Cellphone out
5:10 PM	Cellphones in
6:00 PM	Dinner
7:00 PM	Bath time
7:30 PM	Bible
7:45 PM	Inspection
8:00 PM	Lights out

Huis Luca Organogram

For more information, contact:

Mrs Anelke Olivier

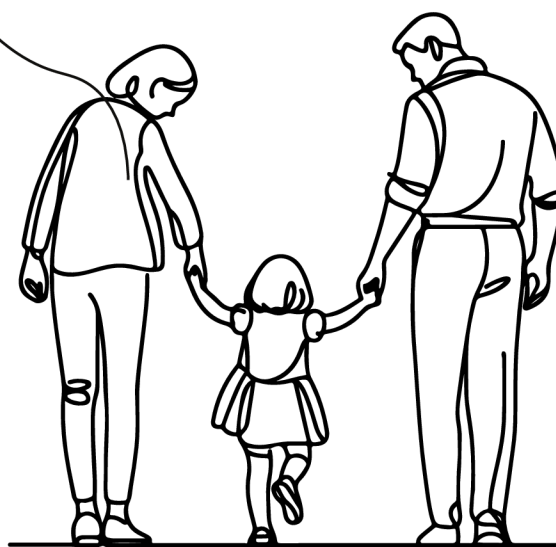
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Principal



Huis Luca
Housemother



Parents